

Signs of Vaping in Your Classroom

Do you suspect one of your students may be vaping? It can be hard to identify this behavior if you don't know what to look for. Here are some signs that can indicate your student is vaping:

Moody & jittery behavior:

Nicotine cravings and withdrawals severely affect mood and behavior

Hard time paying attention in class:

Vaping can cause lapses in concentration and memory

Decreased ability to communicate:

Distracted with desire to vape and lack of ability to concentrate

Tries to leave classroom all the time:

Tries to leave class so he/she can vape

Consumes excessive amounts of water:

Vaping can cause "dry mouth" and cause users to be dehydrated

Nose bleeds:

Vaping will also dry out the nose from inhaling vapors and can cause nose bleeds

Fruity smells without an obvious source:

Vaping can leave behind a fruity smell even if there isn't any smoke

Lots of visible USB drives and/or asthma inhalers:

Vaping devices can be disguised as these